

Frequencies List

Scheduled frequencies				
daily	TDS	alternate days	ONCE a week on Mon	THREE times a week (Mon, Wed & Fri)
daily (at bedtime)	TDS (on an empty stomach)	every 3 DAYS	ONCE a week on Tue	THREE times a week (Tue, Thu & Sat)
daily (except on Fri)	TDS (with or after food)	every 4 DAYS	ONCE a week on Wed	FOUR times a week (Mon, Wed, Fri & Sun)
daily (except on Mon)	pre-meals (TDS)	every 5 DAYS	ONCE a week on Thu	FOUR times a week (Tue, Thu, Sat & Sun)
daily (except on Sat)	QID	every 6 DAYS	ONCE a week on Fri	FIVE times a week (Mon to Fri)
daily (except on Sun)	QID (on an empty stomach)	every 7 DAYS	ONCE a week on Sat	every 2 WEEKS
daily (except on Thu)	QID (with or after food)	every 8 DAYS	ONCE a week on Sun	every 3 WEEKS
daily (except on Tue)	FIVE times a day	every 9 DAYS	ONCE a week on the same day each week	every 4 WEEKS
daily (except on Wed)	SIX times a day	every 10 DAYS	TWICE a week (Mon & Wed)	every 5 WEEKS
daily (on an empty stomach)	SEVEN times a day	every 11 DAYS	TWICE a week (Mon & Thu)	every 6 WEEKS
daily (with or after food)	EIGHT times a day	every 12 DAYS	TWICE a week (Mon & Fri)	every 8 WEEKS
morning	NINE times a day	every 13 DAYS	TWICE a week (Mon & Sat)	monthly
midday	TEN times a day	every 14 DAYS	TWICE a week (Mon & Sun)	every 2 MONTHS
night	TWELVE times a day	every 15 DAYS	TWICE a week (Tue & Thu)	every 3 MONTHS
before breakfast	SIXTEEN times a day	every 16 DAYS	TWICE a week (Tue & Fri)	every 4 MONTHS
before lunch	1 hourly (while awake)	every 17 DAYS	TWICE a week (Tue & Sat)	every 6 MONTHS
before dinner	2 hourly (while awake)	every 18 DAYS	TWICE a week (Tue & Sun)	yearly
BD	3 hourly (while awake)	every 19 DAYS	TWICE a week (Wed & Fri)	
BD (on Mon, Wed & Fri)	4 hourly (while awake)	every 20 DAYS	TWICE a week (Wed & Sat)	
BD (morning and midday)	6 hourly (while awake)	every 21 DAYS	TWICE a week (Wed & Sun)	
BD (on an empty		every 22 DAYS	TWICE a week (Thu	<i>Scheduled frequencies continued on next page</i>

stomach)			& Sat)	
BD (on Mon, Wed, Fri & Sun)		every 23 DAYS	TWICE a week (Thu & Sun)	
BD (on Tue & Thu)		every 24 DAYS	TWICE a week (Fri & Sun)	
BD (on Tue, Thu & Sat)		every 25 DAYS	TWICE a week (Sat & Sun)	
BD (on Tue, Thu, Sat & Sun)		every 26 DAYS		
BD (with or after food)		every 27 DAYS		
		every 28 DAYS		
		every 29 DAYS		
		every 30 DAYS		

Interval frequencies

every minute	1 hourly
every 2 minutes	2 hourly
every 3 minutes	every 2.5 hours
every 4 minutes	3 hourly
every 5 minutes	4 hourly
every 6 minutes	5 hourly
every 7 minutes	6 hourly
every 8 minutes	8 hourly
every 9 minutes	12 hourly
every 10 minutes	16 hourly
every 15 minutes	18 hourly
every 20 minutes	24 hourly
every 30 minutes	36 hourly
every 45 minutes	40 hourly
every 90 minutes	48 hourly
	60 hourly
	72 hourly
	96 hourly

Special frequencies

ONCE	<i>Scheduled</i>
As Indicated	<i>Always PRN</i>
ONCE only (non urgent)	<i>Unscheduled</i>
POST-OP	<i>Unscheduled</i>
PRE-OP	<i>Unscheduled</i>
See Instructions	<i>Unscheduled</i>
salbutamol stretching	<i>Interval</i>
ipratropium timing	<i>Interval</i>